



A reflection on a Psalm

Lord teach us your will,
guide us and keep us on a safe path.

O God, you are my God,
and I long for you ...
I remember you;
all night long I think of you,
because you have always been
my help.
In the shadow of your wings I sing
for joy.
I cling to you, and your hand
keeps me safe.

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What sorts of things keep us safe?

Some wonder questions...

Is God the only person who can
keep us safe?

Can we keep ourselves safe?

Does God want us to help keep
each other safe?

Are there rules and instructions
that help us to be safe?

Our Lord,

Many people have come to you to ask
for help and to ask you to keep them
safe.

Be alongside everyone today and give
them your strength to keep safe. Be
with those who are poorly or suffering
and give wisdom to those who care for
them.

We pray too, that you will guide those
who are well so that the choices they
make and the things that they do will
help all of us to be safe.

Amen

Lord, guide us, keep us on a
safe path,
and teach us your will.