



Benson CE Primary School Menu Term 1

Week 1: 03/09, 14/09, 28/09, 12/10

Monday	Tuesday	Wednesday	Thursday	Friday
Keema Curry w/ Rice & Yogurt Dressing	Chicken Lasagne	Gammon w/ Italian Crushed Potatoes	Chicken Fajita w/ Tomato Salsa	Fish Fingers & Chips
Veggie Spaghetti Bolognese	Quorn & Pepper Fajita w/ Tomato Salsa	Garlic & Herb Roasted Veggie Sausage Tray Bake	Veggie Lasagne	Quorn Nuggets w/ Chips
Jacket Potato with choice of fillings	Jacket Potato with choice of fillings	Jacket Potato with choice of fillings	Jacket Potato with choice of fillings	Jacket Potato with choice of fillings
Peas & Sweetcorn	Carrots & Sweetcorn	Peas & Green Beans	Vegetable Crudites	Baked Beans & Peas
Selection of puddings available daily including fresh fruit & yogurt				

Gluten free pudding options available everyday



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Week 2: 07/09, 21/09, 05/10, 19/10

Monday	Tuesday	Wednesday	Thursday	Friday
Chinese Chicken w/ Special Rice	Beef Pasty	Lemon & Garlic Chicken w/ Herb Roasted New Potatoes	Gammon & Cheddar Stuffed Potatoes	Sausage Roll w/ Hash Browns
Macaroni Cheese	Veggie Stir-Fried Rice	Roasted Pepper, Tomato & Basil Fusili	Cajun Quorn & New Potato Tray Bake	Vegan Sausage Roll w/ Hash Browns
Jacket Potato with choice of fillings	Jacket Potato with choice of fillings	Jacket Potato with choice of fillings	Cheese Baguette w/ Tortilla Chips & Crudites	Jacket Potato with choice of fillings
Peas & Carrots	Vegetable Crudites	Carrots & Green Beans	Peas & Sweetcorn	Baked Beans & Sweetcorn

Selection of puddings available daily including fresh fruit & yogurt

Gluten free pudding options available everyday