Benson CE Primary School Menu Term 2

Week 1: 02/11, 16/11, 30/11

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognaise (aGF)	Mild Chicken Curry w/ Rice & Garlic Pitta (aGF)	Toad-in-the-hole w/ Mashed Potatoes (aGF)	Roasted Salmon w/ Peas & Penne Pasta (aGF)	Chicken Goujons w/ Potato Wedges (aGF)
Tomato Soup w/ Cheese on Toast (aGF)	Lentil & Spinach Cottage Pie (GF)	Broccoli, Potato & Cauliflower Gratin	Cheese Baguette w/ Corn salad & smash potatoes (aGF)	~~Veggie Burger w/ Potato Wedges~~
Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)
Veg Medley	Peas & Sweetcorn	Broccoli & Cauliflower	Peas & Sweetcorn	Baked Beans & Sweetcorn
Selection of puddings available daily including fresh fruit & yogurt				

(GF) = Gluten-Free (aGF) = adapted to be Gluten-Free

Benson CE Primary School Menu Term 2

Week 2: 09/11, 23/11, 07/12

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage Pie (GF)	Jerk Chicken w/ Jolof Rice (GF)	Yorkshire Pudding filled w/ slow roast Brisket (aGF)	Gammon & Leek Puff Pastry Pie (aGF)	Fish Fingers & Skin-On Fries (aGF)
Sweet Potato & Chickpea Curry w/ Garlic Pitta (aGF)	Cheese & 5 Bean Smash Taco w/ Salsa (aGF)	Penne Pasta w/ 5-a-day tomato sauce (aGF)	Roasted Veg & Butter Bean Hotpot (GF)	~~Veggie Fingers & Skin-On Fries~~
Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)
Peas & Green Beans	Sweetcorn & Peas	Peas & Carrots	Vegetable Medley	Baked Beans & Peas
Selection of puddings available daily including fresh fruit & yogurt				

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Benson CE Primary School Menu Term 2

Week 1: 14/12

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognaise (aGF)	Mild Chicken Curry w/ Rice & Garlic Pitta (aGF)	Christmas Lunch (aGF)	Chicken Goujons w/ Potato Wedges (aGF)	
Tomato Soup w/ Cheese on Toast (aGF)	Lentil & Spinach Cottage Pie (GF)	Vegetarian Christmas Lunch	~~Veggie Burger w/ Potato Wedges~~	
Jacket Potato with choice of fillings (GF)	Jacket Potato with choice of fillings (GF)		Jacket Potato with choice of fillings (GF)	
Veg Medley	Peas & Sweetcorn		Baked Beans & Sweetcorn	
Selection of puddings available daily including fresh fruit & yogurt				

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